

Network	Channel	Network	Channel
A&E HD	736	MLB HD	770
ABC Family HD	716	MTV HD	730
AMC HD	734	National Geographic HD	756
Animal Planet HD	740	NBA TV HD	723
BET HD	732	NFL Network HD	720
Bravo HD	741	NHL Network HD	719
Cartoon Network HD	750	Nickelodeon HD	735
Cinemax HD	701	Palladia	729
CMT HD	749	PBS HD	704
CNBC HD	768	Planet Green HD	753
CNN HD	733	Showtime HD	702
Comedy HD	761	Speed HD	747
WWCW HD (The CW)	705	Spike HD	748
Discovery Channel HD	714	Starz HD	703
Disney Channel HD	724	Syfy HD	754
E! HD	760	TBS HD	706
ESPN HD	725	The History Channel HD	737
ESPN2 HD	726	The Science Channel HD	752
Food Network HD	743	TLC HD	718
Fox News HD	766	TNT HD	758
FX HD	757	Travel Channel HD	739
Golf HD	721	Universal HD	715
Hallmark Movie Channel HD	711	USA HD	728
HBO HD	700	WDBJ (CBS) HD	707
HBO2 HD	771	WFXR (Fox) HD	708
HD Theater	755	WSET (ABC) HD	713
HGTV HD	742	WLSL (NBC) HD	710
Lifetime HD	727	Versus HD	746
Lifetime Movie Network HD	709	VH1 HD	731
MASN HD	722		

**Tune to channel 1 and press SELECT!**

Movies On DEMAND HD	FreeZone HD	
HBO HD	A&E HD	Speed HD
Cinemax HD	AMC HD	Spike HD
Showtime HD	IFC HD	TBS HD
Starz HD	MTV HD	And More...
	Music Choice HD	

\*Available to residential customers in Cox Roanoke serviceable areas. Cox Limited service required for local HD channels. Expanded Service and Digital Cable required for expanded HD channels. Digital Cable and paid subscription to Digital HBO, Cinemax, Starz or Showtime or a Cox Digital service level required for HBO HD, Cinemax HD, Starz HD, Showtime HD or other digital channels' HD programming. An HDTV set and HD receiver required. Cox Digital Cable and Digital receiver and remote rental required. If you own a One-way Digital Cable Ready (DCR) TV or other display device that is CableCARD™-compatible, you may lease either a CableCARD or a digital set-top receiver in order to receive Cox Digital Cable. Installation or activation fees may apply. CableCARD is a registered trademark of Cable Television Laboratories, Inc. (CableLabs®) and is used with permission. Programming subject to change. Installation, taxes and fees additional. Other restrictions apply. © 2009 CoxCom, Inc., d/b/a Cox Communications Roanoke. All rights reserved.

**Tune to channel 1 and press SELECT!**

**Movies on DEMAND**

New Releases, HD movies & more!

**FreeZone**

Automotive	Health & Wellness
Cable TV Showcase	Kids
Comedy	Life and Home
Cox Connects - <i>learn more about parental controls</i>	Music
Education - <i>GED courses available</i>	MyLife On DEMAND
En Español	News and Info
Faith & Values	Roanoke On DEMAND
Free Movies	Sports
FreeZone HD	Top Picks
	Travel and Leisure

**My PrimeTime**

Watch last night's episodes of some of your favorite NBC and ABC shows!

**Premium On DEMAND**

HBO	The Movie Channel
Cinemax	Starz
Showtime	

**Events on DEMAND**

**Subscription Video On DEMAND - available with a monthly subscription**

Anime	Howard (Stern) TV
Disney Family Movies	Too Much for TV
Faith & Family Movies here!	WWE 24/7

**Adult On DEMAND**

**Tune to channel 510 and press SELECT**

Club Jenna	Erotic Networks
Club Taboo	Playgirl
Hustler TV	Wicked's Hottest
Spice Platinum!	Cheri International

Press Menu twice on your remote or visit [www.cox.com/roanoke](http://www.cox.com/roanoke) for parental control settings.

**On DEMAND Instructions**

**1 To Get Started**

- Go to channel 1 or 500 and press SELECT!

**2 Select a Program**

- Using the UP/DOWN arrow keys:
- Choose a category and press SELECT
  - Choose a program and press SELECT
  - Synopsis, rating and run time will appear.

**3 Confirm Your Selection**

- Press SELECT to VIEW NOW; the program will start automatically
- Movies On DEMAND ask for an additional confirmation.

**4 Resume Viewing**

- From the MAIN MENU, choose the previously viewed category
- Select RESUME VIEWING
- Choose the title to resume viewing and press SELECT
- To begin where you left off, press the UP arrow on your remote

**5 To Exit**

- Press the EXIT button on your remote
- Press GUIDE, then select your new channel

**Remote Functions**

- PLAY - Up Arrow
- STOP - Down Arrow
- REWIND - Left Arrow
- FAST FORWARD - Right Arrow
- PAUSE - Select Button

Available to residential customers in Cox service areas. Digital receiver required for On DEMAND programming. Some On DEMAND programming is extra. Access to FreeZone On DEMAND programming is determined based on the channels included in a customer's digital cable subscription package. An HDTV receiver and an HDTV set required for On DEMAND HD programming. If you own a One-way Digital Cable Ready (DCR) TV or other display device that is CableCARD™-compatible, you may lease either a CableCARD or a digital set-top receiver in order to receive Cox Digital Cable. In order to receive Interactive TV services offered by Cox, such as the Interactive Programming Guide (IPG), On DEMAND, and Pay-Per-View, and all programming options, you must rent a digital set-top receiver. If you wish to lease a CableCARD in lieu of a digital receiver, you must obtain the CableCARD from Cox. Installation or activation fees may apply. CableCARD is a registered trademark of Cable Television Laboratories, Inc. (CableLabs®) and is used with permission. All programming and rates subject to change and may not be available in all areas. Installation, taxes and fees additional. On DEMAND channels cannot be recorded. Other restrictions apply. Names of programming services, features, and/or programmers are the property of their respective owners. ©2009 Cox Communications, Inc., d/b/a Cox Communications Roanoke. All rights reserved.



# Channel Lineup November 2009

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**Limited Cable**

Network	Channel	Network	Channel
TV Guide	2	WGN (Chicago)	21
RVTV	3	WDRL	22
WBRA (PBS)	4	ROA	76
WWCW (CW)	5	C-Span	77
TBS (Atlanta)	6	Valley Info Network	78
WDBJ (CBS)	7	<b>High Definition*</b>	
WFXR (Fox)	8	PBS HD	704
WCOX	9	WWCW HD (The CW)	705
WLSL (NBC)	10	TBS HD	706
QVC	11	WDBJ (CBS) HD	707
ION	12	WFXR (Fox) HD	708
WSET (ABC)	13	WLSL (NBC) HD	710
My Network TV	19	WSET (ABC) HD	713

\*HD channel included with service level noted. An HDTV set and HD receiver or CableCARD rental required. Clear QAM HDTV sets will receive local HD broadcast channels without equipment rental.

**Limited Digital Basic**

VA News Channel*	107	EWTN	363
Vipir Weather*	110	Halogen TV	364
Retro TV*	113	FamilyNet	365
The Word	362		

Digital Channel included with service level noted; requires rental of digital receiver or CableCARD, except TV sets with a Clear-QAM digital tuner will receive local broadcast channels\* without equipment rentals.

**Expanded Cable**

Discovery	14	CMT	49	Lifetime HD	727
Headline News	15	Cartoon Network	50	USA HD	728
ABC Family	16	Hallmark	51	Palladia	729
The Weather Channel	17	Trinity Broadcasting	52	MTV HD	730
The Learning Channel	18	Inspiration	53	VH1 HD	731
Comedy Central	23	Syfy	54	CNN HD	733
Disney	24	MASN	55	AMC HD	734
ESPN	25	CSN/MASN+	56	Nickelodeon HD	735
ESPN2	26	FX	57	A&E HD	736
Lifetime	27	TNT	58	The History	
USA	28	Discovery Health	59	Channel HD	737
MTV	29	E!	60	Travel Channel HD	739
VH1	31	C-Span 2	61	Animal Planet HD	740
BET	32	truTV	62	Bravo HD	741
CNN	33	ONTV4U	63	HGTV HD	742
AMC	34	ACN	64	Food Network HD	743
Nickelodeon	35	Shop NBC	65	Versus HD	746
A&E	36	Fox News	66	Speed HD	747
History	37	msnbc	67	Spike HD	748
HSN	38	CNBC	68	CMT HD	749
Travel	39	PIN	69	Cartoon Network HD	750
Animal Planet	40	<b>High Definition*</b>		SyFy HD	754
BRAVO	41	Discovery HD	714	HD Theater	755
HGTV	42	Universal HD	715	FX HD	757
Food Network	43	ABC Family HD	716	TNT HD	758
CSN	44	TLC HD	718	E! HD	760
TV Land	45	MASN HD	722	Comedy HD	761
Versus (OLN)	46	Disney Channel HD	724	Fox News HD	766
Speed Channel	47	ESPN HD	725	CNBC HD	768
Spike TV	48	ESPN2 HD	726		

**Digital Gateway**

Interactive Program Guide  
45 Music Choice Channels  
Access to On DEMAND  
Access to Pay-Per-View Events  
and Sports Package programming

**Digital Discovery Bonus Package\*\***

Network	Channel	Network	Channel
Nick Jr.	100	VA News Channel	107
Discovery Kids	101	Vipir Weather	110
The Science Channel	102	MLB Channel	313
Planet Green	103	The Science Channel HD*	752
Investigation Discovery	104	Planet Green HD*	753
Military Channel	105	National Geographic HD*	756
National Geographic	106	MLB HD*	770

\*\*Discovery Bonus package free with subscription to the Movie Package, Sports & Info Package or the Variety Package.

**Digital Movie Package\*\***

Encore West	300	Sundance	306
Encore Love	301	Turner Classic Movies	307
Encore Westerns	302	IFC	308
Encore Mystery	303	Lifetime Movie Network	309
Encore Drama	304	Hallmark Movie Channel	310
Encore Action	305	Hallmark Movie Channel HD*	711

**Digital Sports & Info Package\*\***

Fuel TV	314	The Outdoor Channel	325
Fox Business	315	The Sportsman Channel	326
NHL Network	316	FitTV	327
NFL Network	317	Biography	328
ESPN News	318	History International	329
ESPN U	319	G4	330
ESPN Classic Sports	320	Bloomberg Info. TV	331
The Tennis Channel	321	NHL Network HD*	719
NBA TV	322	NFL Network HD*	720
The Golf Channel	323	Golf HD*	721
Fox Soccer Channel	324	NBA TV HD*	723

**Digital Variety Package\*\***

Gospel Music	333	CMT Pure Country	347
Style	334	Fuse	348
Chiller	335	MTV Hits	349
MTV Jams	336	VH1 Classic	350
MTV2	337	VH1 Soul	351
TV One	338	Centric	352
BBC America	339	Univision	353
Game Show Network	340	MTV Tr3s	354
Soapnet	341	Encore WAM	355
Fine Living	342	Disney XD	356
Oxygen	343	Nicktoons	357
WE	344	TeenNick	358
DIY	345	Boomerang	359
Great American Country	346	Sprout	360

\*\* Subscription to the Movie Package, Sports & Info Package and/or the Variety Package requires a subscription to Cox Limited and Cox Expanded services, Digital Gateway and rental of a digital receiver or CableCARD.

\*An HDTV set and HD receiver or CableCARD required to view HD channels. To access all available HD channels, certain levels of cable, digital cable, and/or premium services (HBO, Cinemax, Showtime, Starz) are required. Cox Limited service only required for local HD channels. Some televisions and other consumer-owned devices equipped with a CableCARD may require a digital set-top receiver in order to receive all programming options offered by Cox Digital Cable.

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**Digital Premiums - Available with subscription to Limited Cable and rental of Digital Receiver or CableCARD.**

Network	Channel	Network	Channel
HBO	200	Showtime Showcase	242
HBO2	201	Showtime Extreme	243
HBO Signature	202	ShoNext	244
HBO Family	203	Showtime Beyond	245
HBO Comedy	204	TMC	250
HBO Zone	205	TMC Extra	251
HBO West	210	Encore	260
HBO2 West	211	Starz	261
HBO Latino	219	Starz Edge	262
Cinemax	220	Starz in Black	263
More Max	221	Starz Kids & Family	264
Action Max	222	Starz Cinema	265
Thriller Max	223	Starz Comedy	266
Five Star Max	224	HBO HD*	700
Wmax	225	Cinemax HD*	701
@Max	226	Showtime HD*	702
Outermax	227	Starz HD*	703
Showtime	240	HBO2 HD*	771
Showtime Too	241		

**Digital Pay-Per-View**

**Pay-Per-View - Available with subscription to Limited Cable and rental of Digital Receiver.**

Pay-Per-View Previews	501
Pay-Per-View Events	502-504

**Sports Packages - Available with subscription to Limited Cable and Digital Service and rental of a Digital Receiver.**

ESPN GamePlan / ESPN Full Court	601-606
NBA League Pass / MLS Direct Kick	650-660
NHL Center Ice / MLB Extra Innings	671-684

**Adult Pay-Per-View - Available with subscription to Limited Cable and rental of Digital Receiver.**

Adult On DEMAND	510
Ten Blox (Adult)	511
Ten Clips (Adult)	512
Playboy (Adult)	513
Spice Excess (Adult)	514
Club Jenna (Adult)	515
Hot Choice (Adult)	516

**Interactive TV**

Network	Channel	DVR Required
Weather	980	
Games	981	
Remote Control Setup	982	

**Programa Español**

Network	Channel	Required Subscription to:
HBO Latino	219	HBO
Univision	353	Digital Variety Package
MTV Tr3s	354	Digital Variety Package
Musica Urbana	943	Digital
Salsa y Merengue	944	Digital
Mexicana	945	Digital
Rock 'En Español	946	Digital
Movies En Español	1	Digital (On DEMAND)
WWE En Español	1	Digital (On DEMAND)
Lifetime Movie Network En Español	1	Digital (On DEMAND)
Univision	1	Digital (On DEMAND)
FEARnet En Español	1	Digital (On DEMAND)
Events En Español	1	Digital (On DEMAND)

**Music Choice**

Included in any Digital Service Level.

Hit List	901	Solid Gold Oldies	924
Hip-Hop & R&B	902	Party Favorites	925
MC Mix Tape	903	Stage & Screen	926
Dance/Electronica	904	Kidz Only!	927
Rap	905	Toddler Tunes	928
Hip-Hop Classics	906	Today's Country	929
Throwback Jamz	907	True Country	930
R&B Classics	908	Classic Country	931
R&B Soul	909	Contemporary Christian	932
Gospel	910	Sounds of the Seasons	933
Reggae	911	Soundscapes	934
Classic Rock	912	Smooth Jazz	935
Retro Rock	913	Jazz	936
Rock	914	Blues	937
Metal	915	Singers & Swing	938
Alternative	916	Easy Listening	939
Classic Alternative	917	Classical Masterpieces	940
Adult Alternative	918	Lite Classical	941
Soft Rock	919	Musica Urbana	942
Pop Hits	920	Pop Latino	943
'90s	921	Tropicales	944
'80s	922	Mexicana	945
'70s	923		

**Digital Zone & Games**

Digital Service Required

Network	Channel
PassTime Puzzlers	983
News Zone	996
Kids Zone	997
Sports Zone	998